

STEP senior partners speak out...

“It is like they are my own children. My kids are so busy...they don't have time to come, and they don't realize how important that is. But these kids do...We know about each other's families, and we get to talk about things and get to know each other pretty well.”

“These four students have been such wonderful people it just rejuvenates my life.”



What are you waiting for? Join today!



Introducing a fun, free program for seniors...



For more information

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Senior Teacher Educator Partnership

DONALD W. REYNOLDS



<http://reynolds.umh.edu>

What is STEP?

The Heyssel Senior Teacher Educator Partnership matches senior volunteers with MU medical students. When our medical students spend time with seniors, they become more aware of the needs of older patients and better able to provide them with good health care. When you share your health care experiences and concerns with our students, it helps them become better physicians.



What do I do with my STEP partner?

Throughout the school year, seniors and students meet at the medical school for lunch and a talk on a health topic. STEP partners also go to the movies, attend concerts, go for walks and talk on the phone together.



Who can join?

Anyone who can answer yes to the following questions is welcome to join:

- Are you 65 or older?
- Do you live in Columbia or close by?
- Are you willing to spend about one hour per week during the school year talking with or visiting your student?

What are the benefits of joining STEP?

- Hear interesting lectures from MU health experts to help you stay in shape
- Enjoy free lunches during STEP events
- Meet nice people and make new friends
- Help shape the health care of the future
- **Best of all, it's FREE!**

How do I join?

It's easy! Simply fill out and mail this application. Applicants who meet the criteria will be selected on a first-come, first-served basis. You will receive a confirmation letter in the mail.

Name _____

Address _____

Phone _____

Date of birth _____

Primary-care physician _____

Former career _____

Favorite activities _____

Favorite food _____

Are you willing to commit about one hour per week to STEP during the school year? Yes No

Mail to:

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